

## Dr. Sharie Coombes

Ed.D, MA, DHypPsych(UK), Senior QHP, B.Ed.

Child & Adult Psychotherapist, Neuropsychotherapist, Senior Clinical Hypnotherapist, Education Consultant and Trainer  
Child, Adolescent and Family Psychotherapist, Tavistock and Portman NHS Clinic, London (Fostering & Adoption Team)

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Adults and Families: [www.breakthroughdays.co.uk](http://www.breakthroughdays.co.uk)

Children & Young People: [wwwFOUNDATIONSHPNotherapy.co.uk](http://wwwFOUNDATIONSHPNotherapy.co.uk)

I bring 30 years of successful, varied work experience and expertise from doctoral and masters level research, institutional and operational management, organisational dynamics, child protection and safeguarding, Tier 3 CAMHS multi-disciplinary clinical practice, psychological therapies with specialisms in fostering and adoption, neurodevelopment, neuroscience, school-based counselling.

### NATIONAL REGISTRATIONS

Tavistock Society of Psychotherapists

BPC: 18435 DfE Reg: 84/77179      GHR Reg No: 4023      CNHC Reg No: 000243-A11

### EDUCATION AND QUALIFICATIONS

**2013 - 2014**

Tavistock & Portman  
NHS Trust, London

**MA – PSYCHOLOGICAL THERAPIES WITH CHILDREN, YOUNG PEOPLE AND FAMILIES (distinction)**

Clinical training in psychodynamic, systemic, CBT, mindfulness and evidence-based psychotherapy with specialisms in LAC, neuroscience and schools

**2012 – 2013**

**2011 – 2012**

Tavistock & Portman  
NHS Trust, London

**POST-GRADUATE DIPLOMA (distinction)**

**POST-GRADUATE CERTIFICATE (distinction)**

Psychological Therapies with Children, Young People & Families  
(Multi-Disciplinary Practice)

**2008**

Uncommon Knowledge

**DIPLOMA – BRIEF SOLUTION FOCUSED PSYCHOTHERAPY**

**Assessment:** by practical and written unseen examinations

**2007**

University of Brighton

**DOCTORATE IN EDUCATION**

Part-time professional doctorate degree

**Research papers:** 7-10,000 words: What is it that good spellers know?; Children's own concepts of play; How the school playground can help schools to improve children's attitudes and behaviour.

**100,000 Word Thesis:** Factors which may improve standards of speech & language in Y1.

A study of linguistic, social, developmental, emotional, behavioural and cognitive psychology.

*Externally examined and commended as excellent by BPS Chartered Psychologist Dr Jane Ginsborg*

**1985**

WSIHE

**BACHELOR OF EDUCATION (5 - 12)**

**Main Subject:** English      **Major Options:** Drama, Music, History, IT

Research interests include enabling achievement by identifying, addressing and removing barriers to inclusion.

**EMPLOYMENT AND EXPERIENCE****Current – September 2012****HONORARY CHILD & FAMILY PSYCHOTHERAPIST Tavistock & Portman NHS Trust, London**

Fostering, Adoption & Kinship Care Team. Working as part of a Tier 3 multi-disciplinary CAMHS team and outreach clinics to provide NHS support and evidence-based, systemic and/or psychodynamic therapy to looked-after children, adolescents and foster/adoptive families.

**Current – Jan 2011****INDEPENDENT EDUCATION CONSULTANT AND TRAINER**

Identifying education strategy and well-being development work in a number of schools with consistently excellent feedback: *'Brilliant', 'Inspiring and interesting', 'Very effective'*; training, advising and coaching management teams and school staff; enhancing education provision; therapeutic training to education support staff including mindfulness, relaxation and other interventions.

**PRIVATE PSYCHOTHERAPIST**

Providing 1 to 1, group, family and couple therapy in private clinic; specialising in anxiety, stress, sleep disturbance and distress in children, young people and women following trauma and abuse.

**Dec 2010 – Sep 2000****HEADTEACHER (L24), St. Mark's CE Primary School, Brighton**

**(55% FSM; 70% SEN; 38 staff)** Awards: *Investors in People, Bishop's Commendation, Healthy Schools Silver, Quality Mark, Princess Diana Award, ActiveMark, Artsmark Gold, Inclusion Quality Mark, 'Good' Ofsted 2010, 'Outstanding' Section 48 Inspection.*

City school in top 5% social deprivation/disadvantage; rapid improvements in academic standards (**especially L5**), pupil attitudes and behaviour moving from failed Ofsted to School Achievement Award in just 2 years; significant development of 'extended school' provision by involving wider community including mental health partners and business partners; described by Lord Rooker (Regeneration) as highly successful, inspiring and 'quite fantastic!'

**2000 – 1999 LITERACY CONSULTANT FS–KS3, East Brighton Education Action Zone**

**(Primary, secondary & special schools)** Excellent relationships with all agencies; strategic planning, execution, monitoring with stakeholders; improvement in standards KS1-3 in 10 schools; gifted and talented provision; significant training role; quickly seconded into Headship.

**1999 – 1998 SENIOR LECTURER IN PRIMARY ENGLISH AND EDUCATION, University of Chichester**

(1 Yr FTC) Excellent appraisals; planning, devising and delivering lectures and seminars; supervising school placements and teaching students training in FS, KS1 & KS2; continuing action research; marking term papers; dissertation supervision and assessment.

**1996 SECONDED LEA ASSOCIATE ADVISER, WSCC Advisory & Inspection Service****Primary Project – Higher Order Reading Skills (1 term project)**

Very successful experience of research and working to develop the skills of a range of professionals in 15 schools; developing specific teaching and learning strategies for the more able.

**1998 – 1985 PRIMARY MIDDLE MANAGEMENT & TEACHING POSTS, West Sussex County Council**

(detailed on request) Employment was continuous in infant, junior and middle schools successfully teaching Reception to Y7, FS-KS3; 'excellent' teaching and subject leadership (Ofsted); publication of work in TES and Arts Council book 'Picture My World'; awarded local history prize (Thornberry Award) for work developed with gifted/talented pupils; ITE student/peer mentor leader within school cluster.